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Ref: LM/fm
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Dear Parent/ Carer

At the end of a very busy term, there are quite a few updates this week:

Health and Wellbeing

Health and Wellbeing is something that we have very much focused on over the last 450 plus days since March 2020.

As the attached letter explains Aberdeenshire Council has engaged Kooth and Togetherall to support mental wellbeing. These services are due to be launched on Monday 21st June and are available to support Young People and their families. Kooth is a service for 10-18 year olds and Togetherall for anyone who is 16 or over.

This information will also be posted on our whole school community GLOW team that pupils can access directly themselves.

Our Plans for next week

Tuesday 22nd June

S2 (Old S1) pupils should come to school prepared for the following activities:

ZORBS

Team Games and Sports

Pupils should wear their PE kits – it may be wetter and a bit colder than it has been and should take a change of clothing in the event of them getting wet. They should also take a water bottle with them and a snack.

The sessions will run as follows:

- **Delgaty and Hatton Pupils**

9.00 am – 11.00 am pupils should go to their normal period 1 class at 8.45. Their teacher will then escort them to the school playing fields. Active Aberdeenshire staff will run sessions with the opportunity to have a shot on ZORBS and be involved in a variety of activity sessions.

At 11.00am, they should make their way back up to their period 3 classes and will continue with their normal timetable for the rest of the day

- **Craigston and Forglen Pupils**

Should attend normal classes period 1-4 then

1.30 pm – 3.30 pm pupils should go to their normal period 5 class at 1.15pm. Their teacher will then escort them to the school playing fields. Active Aberdeenshire staff will run sessions with the opportunity to have a shot on ZORBS and be involved in a variety of activity sessions.

At 3.30pm, they should make their way back up to their period 7 class where they will be dismissed from at the end of the day.

Tuesday 22nd June

Seniors who are in school will receive their provisional grades for National 5, Higher and Advanced Higher. All other qualifications will be certificated in August. Leavers will receive this by post.

Wednesday 23rd June

Leavers are invited to come in for a chat and a catch up with staff. They should have received their provisional grades by post and there will be an opportunity to discuss any queries or next steps.

This will be from 2.30 -3.30pm. If your young person wishes to attend, they should complete the link to the form below by close of school on Tuesday. As usual they will be required to wear masks and follow the usual COVID guidance. I look forward to catching up with our leavers then.

[2021 Leaver Catch Up](#)

Thursday 24th June

TEAM event

Our young people have been signing up for a number of events: sporting, creative, scientific etc. It will be great to see so many getting involved and signing up to earn points for their House.

A few things to plan for the start of term:

Dress Code:

We will be reintroducing our school dress code in August and as such school ties will be again available to buy from the school office at a cost of £6 each. Pupils can purchase them from the School Office next week or the school office will be open for purchase on Tuesday 10th August and Monday 16th August from 10.00 - 12.00. Don't worry if this is not convenient, they can also be bought when pupils return to school.

Our dress code reminder:

Black trousers or skirts (no leggings or tracksuit bottoms/ joggers)

Black or white shirt

Black jumper/ cardigan (no hoodies)

Please note we will be consulting on dress code early next session.

Lateral Flow Test

We still encourage the use of these as these will still be available next session. In order for you to have a supply for use the week before we return, these can be picked up from the School Office before the end of term. If you have still to give consent, please do so using the link below:

[NHS Test & Protect Lateral Flow Consent Form](#)

Keeping Vigilant.

As we approach the end of term, I would ask that we continue to be vigilant. If your young person has any symptoms, please book a PCR test. The rest of the household are required to isolate until test results are known. Please keep siblings at home until results are known

Regards



Ms L Menzies
Head Teacher