



Turriff Academy
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Ref: LM/fm

24 March 2023

Dear Parent /Carer

Health and Wellbeing Concerns:

Vaping

Like many schools, we are concerned about the number of pupils who are vaping. We are aware that this is happening in toilets as well as out and about in the community. The health risks of vaping are currently unknown, especially on children and young people. I welcome your input in helping us tackle this concern and ask that you or your young person complete the following completely anonymous survey around vaping in toilets and the impact that this is having on our whole school community.

Any information will be treated confidentially, and any young person identified as vaping will be spoken to with regard to possible consequences of continued use on school property and also support and advice.

Our young people will also be provided with a link in school to complete the survey anonymously to if they wish to do so.

[Feedback on Vaping - please complete by 31-3-23](#)

Energy Drinks

In some PSE classes this week, there has been a focus on the effects of Energy Drinks on young people. We are noticing an increased consumption of drinks such as Munster, Red Bull etc in school. As well as the possible physical effects of long-term use consumption also affect immediate behaviours that reduce the ability to settle and focus.

Did you know that one can of energy drink can have as much as 18 teaspoons of sugar in it as well as high amounts of caffeine. Feedback from our pupils tells us that some pupils consume as much as 4 cans day.

While these drinks may have their place, there place is not in the learning environment of a school. Again, I welcome your support in discussing consumption and the negative effects these can have. In term 4 we will be doing some more work around this which will include working with partners, young people and yourselves to reduce consumption and educate around choices.

SQA Vital Information to Action

This is an essential task that every candidate **MUST** do. Please ensure your young person logs on to their MySQA page:

https://www.mysqa.org.uk/cs8/content/secure/my_homepage.jsp

S5 or S6 should have one set up from previous years. S4 pupils will need to register. If they cannot remember their candidate number, they are all on the board in the main corridor. It is important that they check that all personal details (Name/address/date of birth) Any inaccuracies should be emailed to Mrs Clarke directly with amendments. They must also check their entries and levels for accuracy. Any that they think are incorrect please let Mrs Clarke know as a matter of urgency. Whilst we make every effort to ensure the accuracy of these details it is the **candidate's responsibility to check**.

This check must be done by Tuesday 28th March.

Celebrating Success

Please continue to let us know of any successes that your young people have been involved in so that we can congratulate them and share their achievements by clicking the link below:

[Celebrating Success and Recognising Achievement](#)

Haddo Children's Theatre

Huge congratulation to the Haddo Children's Theatre cast of Olivia! that was performed from the 16th-19th March at Haddo House. A number of our S2 pupils were involved in the production and some of the teachers here at Turriff Academy had the pleasure of attending their performances!

The professionalism that was demonstrated during their Musical, as well as the talent, teamwork and the ability to learn so many lines deserves a huge amount of praise! The teachers of Turriff Academy felt incredibly proud watching our pupils and we can't wait for their next production!

Regards



Ms L Menzies
Head Teacher

Dates for you

27 March	Autism Awareness Week – raising awareness will be the topic of our House Tutor Time
29 March	Musician of the year to which all parents are invited.
31 March	Last Day of term 3
17 April	First Day of term 4
24 April	SQA (Scottish Qualifications Authority) Exams Start – Study Leave for S4- S6
1 May	May Day Holiday
8 May	Coronation Holiday
2 June	SQA Exams end
5 June	Occasional holiday
6 June	Occasional holiday