

No doubt over the past few months you've heard children (and maybe a few adults) talk about the latest Tik Tok challenges or their favourite celebrity's lockdown live stream.

This week your activity pack for parents and carers to deliver to their children explores how children and young people can stay safe while live streaming:

- [4-5s](#)
- [5-7s](#)
- [8-10s](#)
- [11-13s](#)
- [14+](#)

Download Welsh language versions of our activity packs from [Welsh Government's Hwb](#).

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## **Live streaming: a video guide for parents and carers**

Help parents and carers to understand why children and young people enjoy live streaming platforms and what they can do to help keep them safe whilst using them by sharing our new video guide.

[Access the video](#)

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## **Tik Tok: a guide for parents**

Have parents and carers been asking you about Tik Tok?

A new Parent Info article explores [how Tik Tok works](#), the parental controls available, and how they can help their child to stay safer on the platform.

Remember you can [register for free](#) to be able to embed Parent Info's newsfeed of articles in your organisation's website.

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